



# Hawai'i Pacific University Cheer Program

## 2008-2009 Tryout Information

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ALOHA!

Listed below is information regarding the tryout process for the Hawai'i Pacific University Cheer Program. Additionally information follows regarding the Cheer Team rules and responsibilities, terms of tuition waiver, and the live and videotape tryout procedures. Please review this information thoroughly.

- All cheer applicants **MUST** be accepted to the University prior to the live tryout date of April 19, 2008. This takes approximately three weeks to process. To expedite this process, be sure to submit your HPU application and fee, all academic transcripts from your high school and other colleges, and a copy of your SAT/ACT scores to the Admissions office. You can also apply online at the following website: <http://www.hpu.edu/admissions>.
- Only new, incoming students and returning team members are eligible for Cheer scholarships. We offer scholarships to Undergraduate and Graduate students. Current HPU students are not eligible for the cheer scholarship.
- **Tryout by Videotape or DVD: Please follow the score sheet format below for your video entry. All tumbling performed on a spring floor will not be scored.** Only VHS tapes and DVD-Rs will be accepted. No CD-Rs allowed. **Videos will be accepted beginning February 1 through April 16, 2008.** Please send your tryout video, tryout information sheet, cheerleading resume, and a current photo of yourself **no later than April 16, 2008** to the following address:

Hawai'i Pacific University Cheer Tryouts  
c/o Center for Student Life and First-Year Programs  
1188 Fort Street Mall, Suite 105  
Honolulu, HI 96813-2713

- **Live Tryouts** will be held on **April 19, 2007 from 8:00am-12:00pm and April 20, 2008 from 2:00pm-4:30pm (Large Coed) and 4:30pm-7:00pm (Small Coed)** at Moanalua HS gym (2825 Ala Ilima St., Hon. HI 96818). You must attend **both days** and submit your tryout information sheet, cheerleading resume, and a current photo of yourself. If you plan to attend, please email Head Cheer Coach, Garrin Gosnell, at [cheer@hpu.edu](mailto:cheer@hpu.edu) by April 1, 2008. Be sure to include your name, HPU student ID #, and contact phone number. Please note that there will be **NO SPRING FLOOR!**

Scholarship amounts will be awarded according to tryout results. Once the team(s) has been selected, you will be notified via phone or email by the Head Cheer Coach by April 28, 2008. Anyone who has submitted a tryout video after the tryout date may be subject to a wait list.

- If you will need accommodations while in Honolulu, call Resortquest at (800) 321-2558 to receive a special HPU rate.

I appreciate your interest in our national championship program. If you have any questions, feel free to contact me via email [cheer@hpu.edu](mailto:cheer@hpu.edu) or phone toll free at (866) CALL HPU ext. 62477 or (808) 566-2477. Good luck and I look forward to viewing your tryouts.

Mahalo,

Garrin Gosnell  
Hawai'i Pacific University, Head Cheer Coach



# Hawai'i Pacific University Cheer Program 2008-2009 Tuition Waiver Rules and Responsibilities

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## TUITION WAIVER RULES

ALL TUITION WAIVERS ARE DEPENDENT UPON THE INDIVIDUAL'S ACCEPTANCE TO THE UNIVERSITY.

1. All Cheer Team members (Coed & Small Coed) are provided with either 100% or 80% tuition waivers, which is valid for the 2008-09 academic year, while members are fulfilling their responsibilities.
2. Tuition waivers cover **tuition only**. Each Cheer Team member is responsible for books, housing, and other fees.
3. All Cheer Team members receiving tuition waivers must be registered for at least 12 credits and maintain a 2.5 cumulative GPA during both the Fall & Spring semesters at HPU. If these conditions are not met members may be placed on probation or suspension, which can ultimately lead to dismissal from the program and loss of tuition waiver.
4. Scholarship amounts may be increased or decreased on a case by case basis at the discretion of the Head Cheer Coach, Associate Director – Spirit and Music Programs, Dean of Student Life and First-Year Programs, and/or the Vice President of Student Affairs. Every semester, evaluations will be conducted for each team member with regard to skills, performances, and attitude. If necessary, scholarship amounts will be adjusted according to evaluation results. Moreover, failure to meet specified expectations may result in dismissal from the team and revocation of the tuition waiver.
5. All Cheer Team members must tryout every year. Tuition waivers are awarded each year depending on tryout results and performance. Returning Cheer Team members are not guaranteed the same tuition waiver that they may have received the prior year.

## CHEERLEADING RESPONSIBILITIES

1. Cheer Team members are representatives of Hawai'i Pacific University in and out of uniform and will be expected to uphold the highest standards of moral conduct.
2. Academics and Cheer Team activities are top priorities.
3. A positive attitude must be maintained toward all team members, coaches, and HPU representatives including faculty and staff.
4. Cheer Team members will be required to sign an agreement outlining the policies and procedures and the code of conduct for the Cheer Team. Failure to abide by the terms may result in termination and revocation of tuition waiver.
5. Any Cheer Team member under the influence of drugs or alcohol during a practice, game, event, or function will be terminated from the team and their tuition waiver revoked. Moreover, unannounced drug tests will be administered.
6. Cheer Team members are required to attend and participate in all practices and conditioning sessions, school games, and HPU events. All team members must be on time and dressed appropriately.
7. Cheer Team members are expected to be in and maintain a healthy and physically fit condition. Thus, all members will participate in a conditioning and weight training program as determined by the Head Coach.
8. Sportsmanlike conduct must be maintained at all times. Verbal abuse and cursing, at any event, will not be tolerated.
9. Cheer Team members will actively participate in fundraising projects, benefit performances, and volunteer work for the community.

10. Cheer Team members are responsible for their own housing and living expenses during the entire year. Due to the year round Cheer Team schedule, Cheer Team members may not be able to take all breaks (i.e. Thanksgiving weekend, Christmas Break, Spring Break, etc.). There is an additional cost for HPU Housing during the winter break. For more information, contact the HPU Housing Office at (808) 236-3581. Please take this into consideration as you are making the decision to become a part of the Cheer Team.
11. With all of the duties and responsibilities of being a Cheer Team member, there is very little time for a job. Some team members have found jobs that allow them flexible schedules, but they are hard to find. Nevertheless, these waivers are subject to termination at any time if Cheer Team duties are not fulfilled.



# Hawai'i Pacific University Cheer Program

## 2008-2009 Live and Videotape Tryouts and Score Sheet

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**All applicants must be accepted to the University prior to tryouts.**

Tryout appearance should be "**performance ready**". Please remove all piercings and cover up tattoos. Females: Hair half-up, with bow, straight or curled. Wear a black sports bra and black spandex. Males: Hair should be clean-cut and face clean-shaven. Wear solid colored shirt and black shorts.

**LIVE TRYOUTS** will be held on April 19, 2008 from 8:00am-12:00pm and April 20, 2008 from 2:00pm-4:30pm (Large Coed) and 4:30pm-7:00pm (Small Coed) at Moanalua HS gym (2825 Ala Ilima St., Hon., HI 96818). You **must attend both days** and submit your tryout information sheet, cheerleading resume, and a current photo of yourself. If you plan to attend, please email Head Cheer Coach, Garrin Gosnell, at [cheer@hpu.edu](mailto:cheer@hpu.edu) by April 1, 2008. Be sure to include your name, HPU student ID #, and contact phone number. Please note that there will be **NO SPRING FLOOR!**

**VIDEOTAPE TRYOUTS:** Please send tryout VHS tape/DVD-R, tryout information sheet, cheerleading resume, and a current photo of yourself beginning February 1st, 2008 and **NO LATER THAN** April 16, 2008 to:

Hawai`i Pacific University  
Center for Student Life & First-Year Programs  
Cheer Tryouts  
1188 Fort Street Mall, Suite 105  
Honolulu, HI 96813-2713

Make sure it is clear which person is trying out on the videotape. At the beginning of your tape, please introduce yourself and indicate which position and team you are trying out for. See "Tryout Material" for the order and list of skills required for your tape. At the end of your tape, please include your personal interview answers. The Interview Questions are listed at the end of the *Tryout Information sheet*.

**DO NOT** send any other extra material or clips of your past performances. **DO NOT** send any material performed on a spring floor.

Label the top, the side, and the sleeve of your videotape with your team preference, position, your full name, current address, contact phone number, and email address.

Late videos may be subject to a waiting list.

All applicants will be notified of their tryout results via email or phone call on or before April 28, 2008.

## Tryout Material and Score Sheet

### Coed Tumblers

- One Sideline Chant: "Hawaii Pacific X X Let's Go!" 5pts
- Jump Section: *Toe, Full* **\*Required** 5pts
- Standing Pass 1: *Specialty Ending in a Full* 10pts
- Running Pass 1: *Specialty Ending in a Full* 10pts
- Optional Pass, Stunt: *Something to a full* 10pts
- Interview/Appearance: 10pts  
50pts

### Coed Stunters

- One Sideline Chant: "Hawaii Pacific X X Let's Go!" 5pts
- Jump Section: *Toe, Pike, Back* **\*Required** 5pts
- Stunt 1: *Full-Up Overstretch Double* 10pts
- Stunt 2: *Rewind Scorp Double* 10pts
- Optional Pass, Stunt: *Something to a full* 10pts
- Interview/Appearance: 10pts  
50pts

### Coed Flyers

- One Sideline Chant: "Hawaii Pacific X X Let's Go!" 5pts
- Jump Section: *Toe, Pike, Back* **\*Required** 5pts
- Stunt 1: *Full-Up Overstretch Double* 10pts
- Stunt 2: *Rewind Scorp Double* 10pts
- Basket Toss: *Flipping/Twisting to get the full pts.* 10pts
- Optional Stunt or Pass: *something to a full* 10pts
- Dance (Females only): 10pts
- Interview/Appearance: 10pts  
70pts

### Small Coed (Males/Female Bases/Flyers Included)

- One Sideline Chant: "Hawaii Pacific X X Let's Go!" 5pts
- Jump Section: *Toe, Pike, Back* **\*Required** 5pts
- Stunt 1: *Full-Up Overstretch Double* 10pts
- Stunt 2: *Rewind Scorp Double* 10pts
- Running Pass 1: *something to a full* **\*Required** 10pts
- Optional Flipping Basket or Standing Pass: *something to a full* 10pts
- Dance (Females only): 10pts
- Interview/Appearance: 10pts  
70pts

#### \*Cheer Teams and Positions:

Small Coed - Flyer, Side Base, Main Base, Back/2man- Side or Main (no front spots)

Coed - Flyer, Stunter, Tumbler

\* Females must show a dance for their tryout process (4-eight count minimum)

\* Flexibility and double downs are required for all flyers.

\* **NO SPRING FLOOR!**



# Hawai'i Pacific University Cheer Program 2008-2009 Tryout Information Sheet

**(PLEASE PRINT CLEARLY)**

I am trying out for (circle one): **Small Coed**      **Coed**      **Any**

I am a (circle one): **Flyer**   **Stunter**   **Tumbler**   **Side Base**   **Main Base**   **Back**

## PERSONAL INFORMATION

Name: _____
HPU Student ID #: @_____ Birth Date: _____
Personal Email Address: _____
HPU Campus Email Address: _____@campus.hpu.edu
Height:_____ Weight:_____ T-Shirt:_____ Cheer shoe size:_____
Jacket:_____ Shorts (for men):_____ Underarmour:_____
Sports Bra:_____ Spandex:_____

## PERMANENT HOME INFORMATION

Street Address: _____
City: _____ State: _____ Zip: _____
Home Phone: (____) _____ Cell Phone: (____) _____

## MAILING ADDRESS INFORMATION (from June 1 - August 1, 2008)

Mailing Address: _____
City: _____ State: _____ Zip: _____

## EMERGENCY CONTACT INFORMATION

Name/Relationship: _____
Address: _____
Contact Phone Number(s): _____ Email: _____

## **ADDITIONAL INFORMATION**

High School graduated from or College transferring from: \_\_\_\_\_

Major: \_\_\_\_\_ Cumulative GPA: \_\_\_\_\_

How did you hear about the HPU Cheer Program and tryouts?

Have you previously attended HPU?

Have you applied and been accepted for the fall?

## **INTERVIEW QUESTIONS**

If you are attending live tryouts, the following questions will be asked during your personal interview segment. If you are submitting a tape, please record your answers to the following questions at the end of your tape.

Please answer the following questions truthfully and thoroughly.

1. What is your full name and nickname?
2. How long have you been cheering?
3. What is your competitive cheer background?
4. What can you bring to this program personally and as a cheerleader?
5. What are your educational goals?
6. Are you willing to accept change and diversity and commit to a lot of hard work?